



Frequently Asked Questions



How is this different than career counselling?

We offer psychological testing with well-standardized and valid instruments that career counsellors cannot provide. As such, we are equipped to identify potential cognitive strengths and weaknesses that may affect education and learning.



What is the process?

After the initial interview, an assessment typically takes one to three visits. All results will be shared in a final interview, and a comprehensive report provided. Please bring relevant medical and school records to the initial interview.



Should I tell my child she is going for testing?

Younger and older children alike can be informed that they will be asked questions to help understand how they learn best. There should not be an emphasis on "tests" and "testing" which can make some children anxious.



Will I need to sit in during testing sessions?

Parents are asked to wait in the waiting room during sessions.



Will the results be shared with my child's school?

Typically parents share their copy of the assessment report with the school. We offer one follow up consultation with the school (one hour), at the parents' request and with written consent, at no extra cost.



Why is psychological testing important?

By assessing psychological functioning, we can identify specific skills and cognitive processes in order to recommend appropriate interventions, remediation, and strategies that better address those areas of concern.

Individualized assessments that use psychological testing conducted by trained and experienced practitioners are the best way to formulate a realistic career search and to identify post-secondary education options. Our work is comprehensive and takes into consideration individual strengths and weaknesses, mental health issues, attachment theory, behavioural and personality characteristics, as well as medical conditions.



Do you direct bill?

Individuals with Extended Health Care benefits may be eligible for reimbursement for a majority, if not all of the fees. Check your coverage for services billed under Clinical Psychologist.

Policies

- Reports will not be released until payment is received in full.
- Third party payment is acceptable upon written approval.
- Informed consent is legally required for any assessment to take place. Only signed and unaltered consent forms will be accepted.
- Following the initial interview, there is no obligation to pursue an assessment, but billing for the hour is still in effect.